

How to Join a Zoom Call

Without Stress — One Step at a Time

Reading time: about 3 minutes

- 1 Find the meeting link.**
Open the email or text message with the invitation and look for a blue, underlined link — it usually starts with "zoom.us."
- 2 Tap or click the link.**
This opens the meeting automatically in most cases.
- 3 On a computer, if a pop-up asks to open the Zoom app:**
Click "Cancel," then look for a small link at the bottom that says "Join from Your Browser." This lets you join without installing anything.
- 4 On a phone or tablet, you'll usually need the free Zoom app.**
If you don't have it yet, your device will offer to download it — this only needs to happen once.
- 5 Allow your camera and microphone.**
When a pop-up asks for permission, tap "Allow" so others in the meeting can see and hear you.
- 6 Type your name and tap "Join."**
This is the name other people in the meeting will see.
- 7 If you see "waiting for the host to let you in," that's normal.**
It's not an error — you'll be admitted in a moment.
- 8 Check your camera and microphone icons at the bottom of the screen.**
If either has a red line through it, tap it once to turn it back on.



A quick tip

You do not need to create a Zoom account or remember a password to join most meetings — the link the host sends you is all you need.

DigitalSeniors.tech — Technology made simple, clear, and safe.
Questions? Email hello@digitalseniors.tech